



Consciously choose eHealth

Five years following the launch of the first eHealth-monitor, we are getting a better picture of the challenges and opportunities of eHealth. In 2017 it seems that there are many opportunities for eHealth. Conscious choices about why and for whom are essential for meaningful use of eHealth.

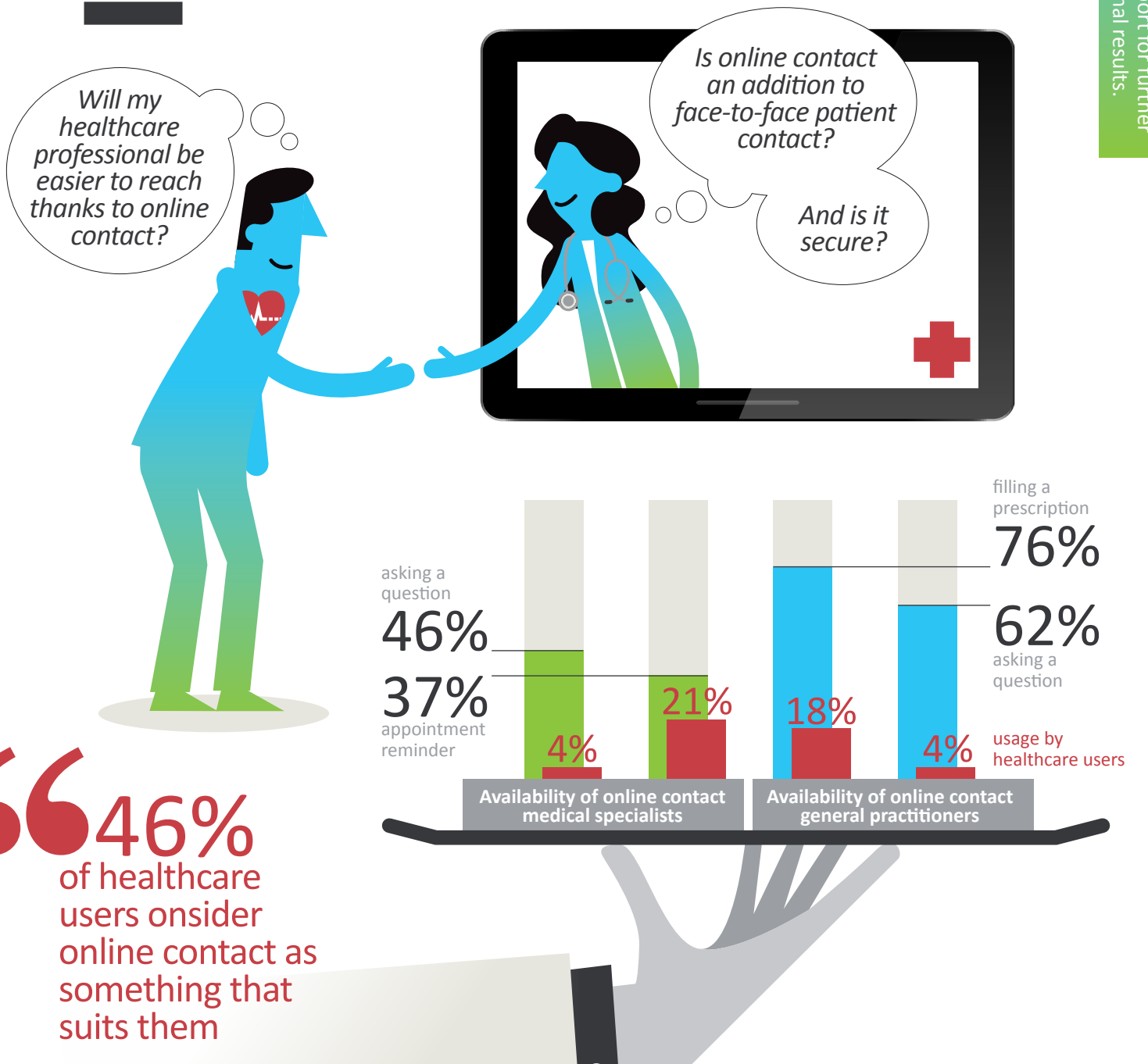
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Ease and service

CH3

See Chapter 3 of the report for further explanation and additional results.

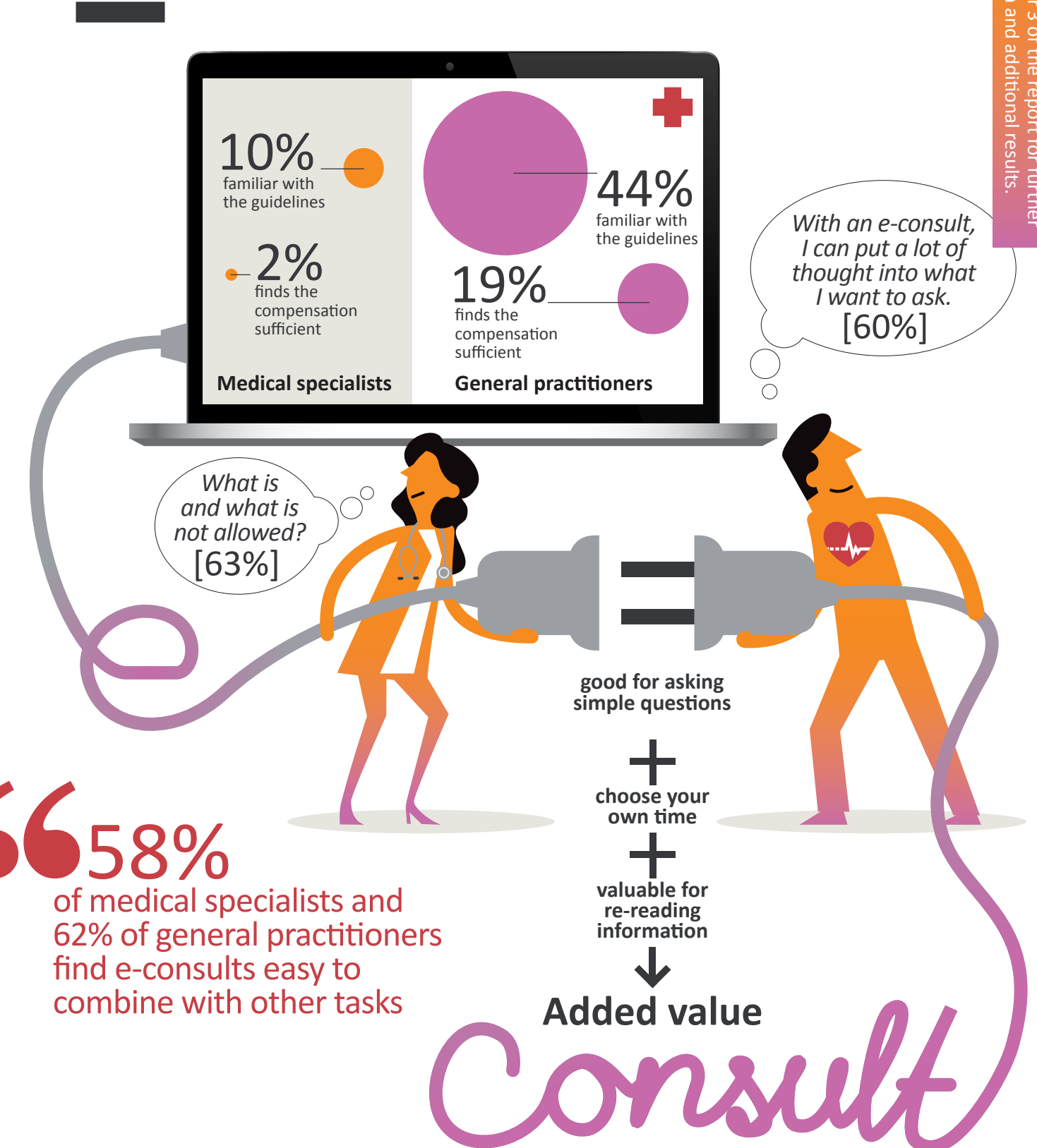
Doctors and healthcare users are positive about **online contact**. However, there is still a lot of confusion about the application and its use.



Confusion about **e-consults**. Doctors and healthcare users that have experience with e-consults are more positive about using e-consults.

CH3

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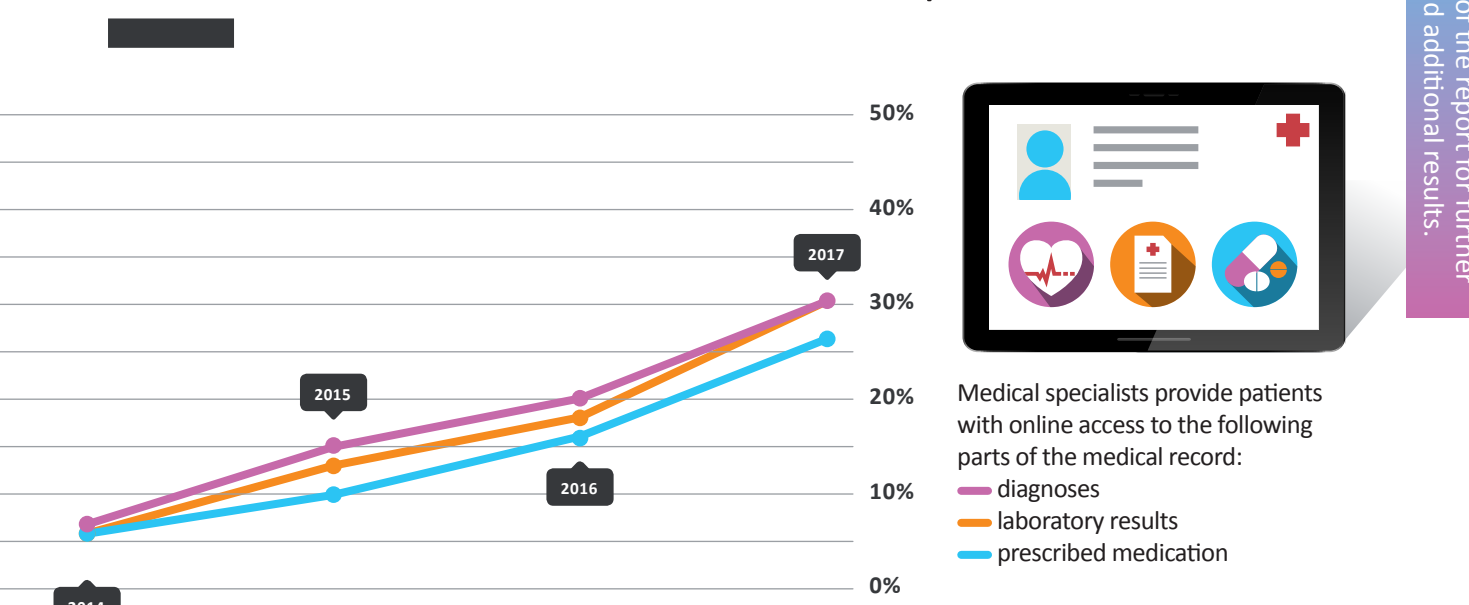


Online access

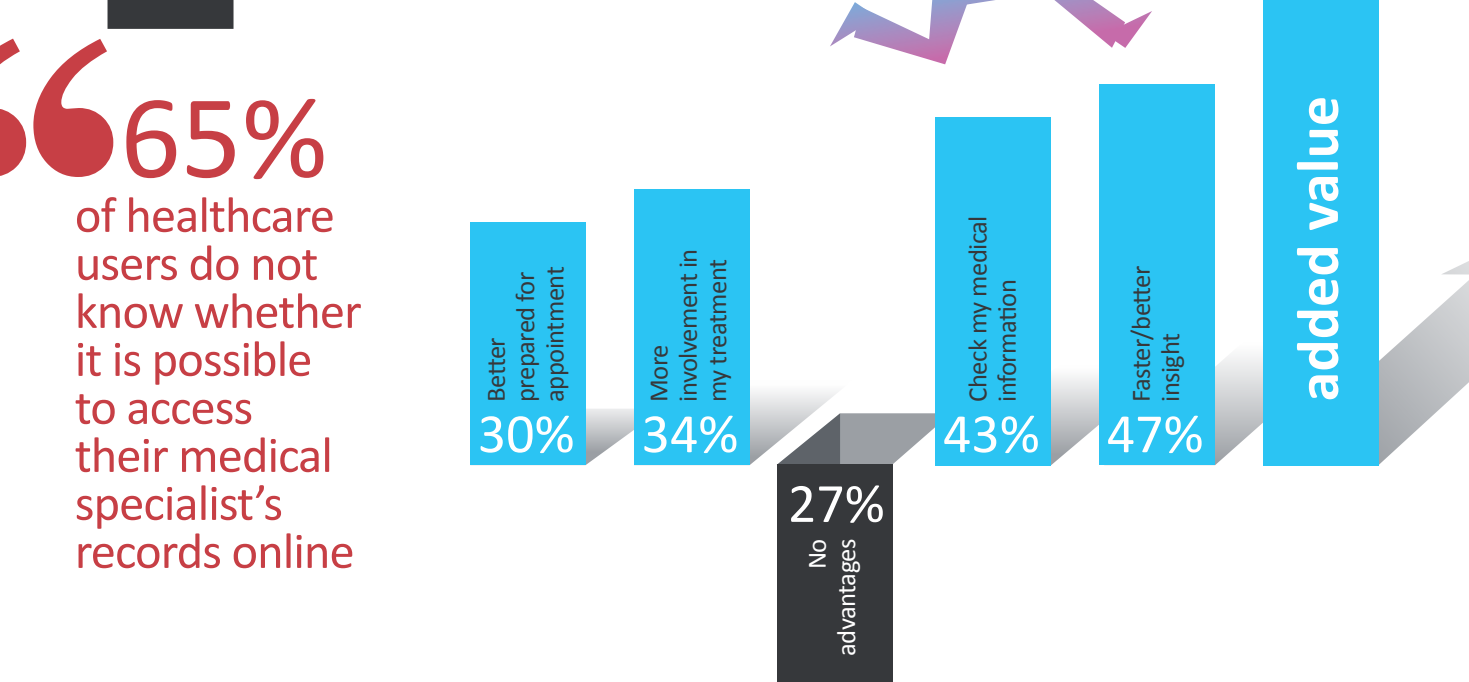
CH4

See Chapter 4 of the report for further explanation and additional results.

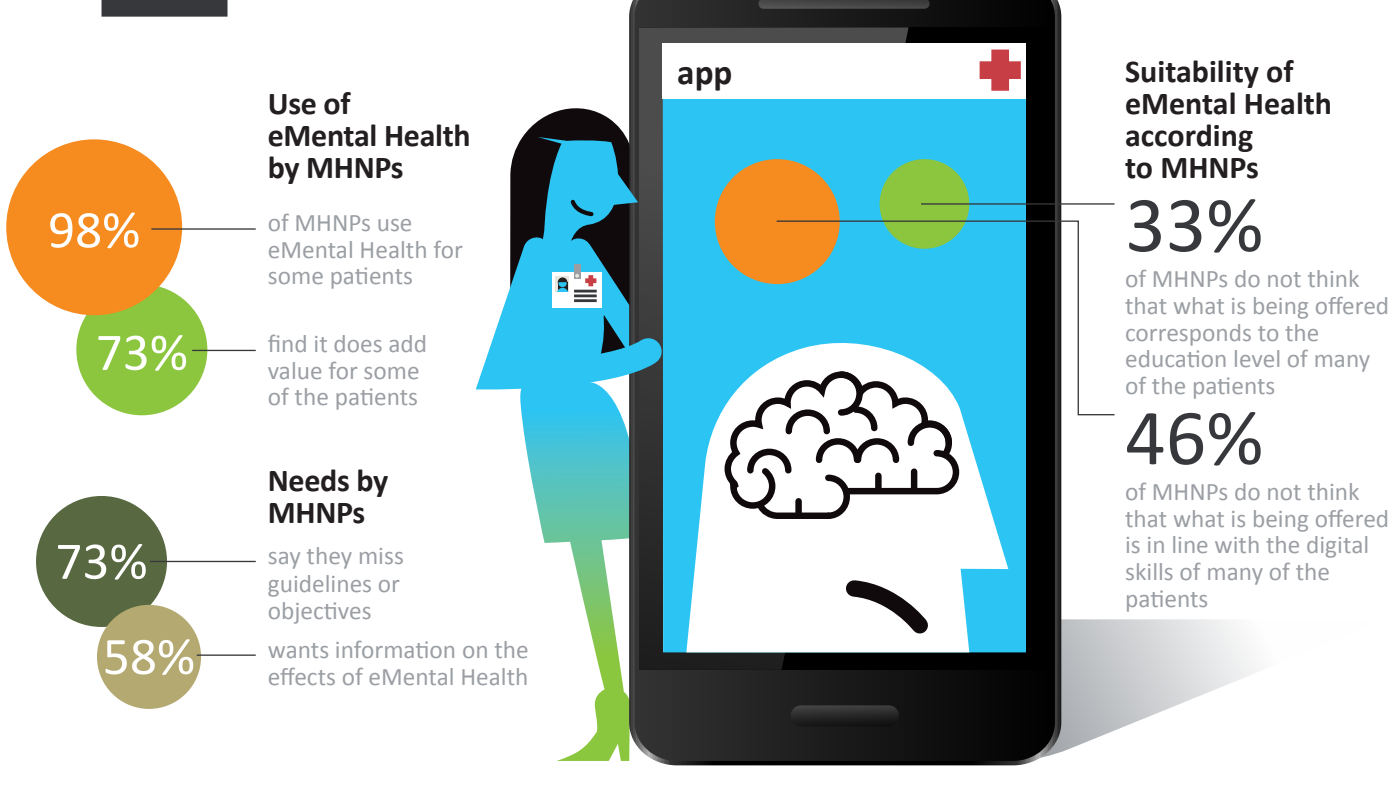
Increased **online access** with medical specialists.



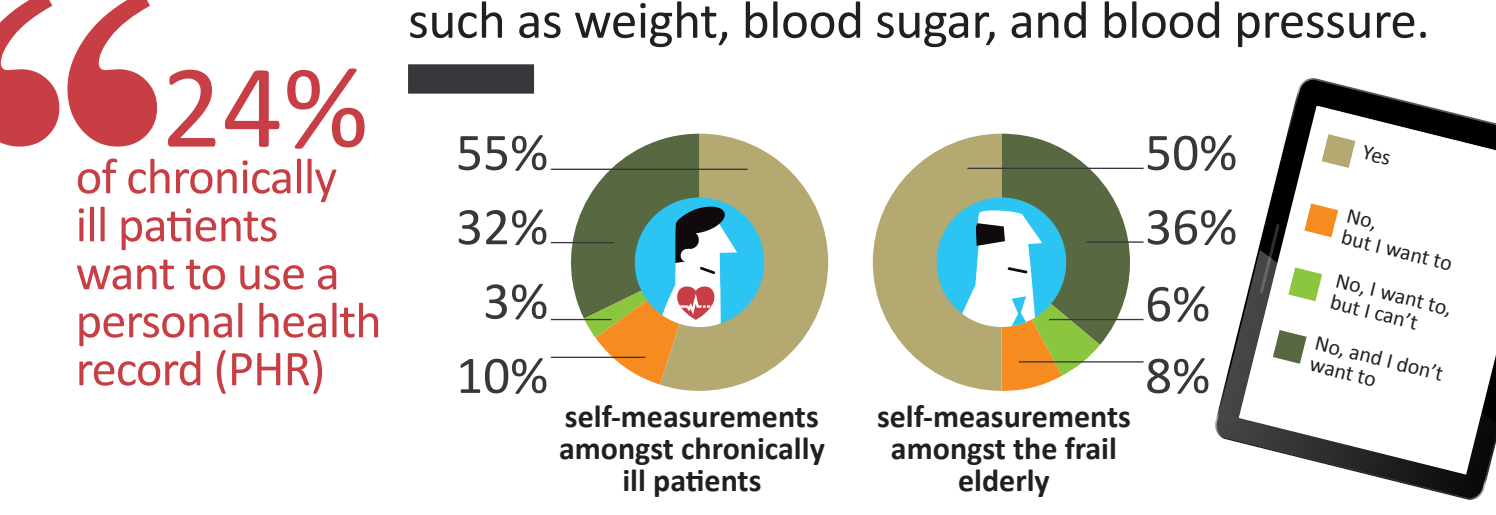
After gaining experience with **online access**, chronically ill patients appreciate its added value.



Half of mental health nurse practitioners (MHNPs) want decision support. They also want research into eMental Health.

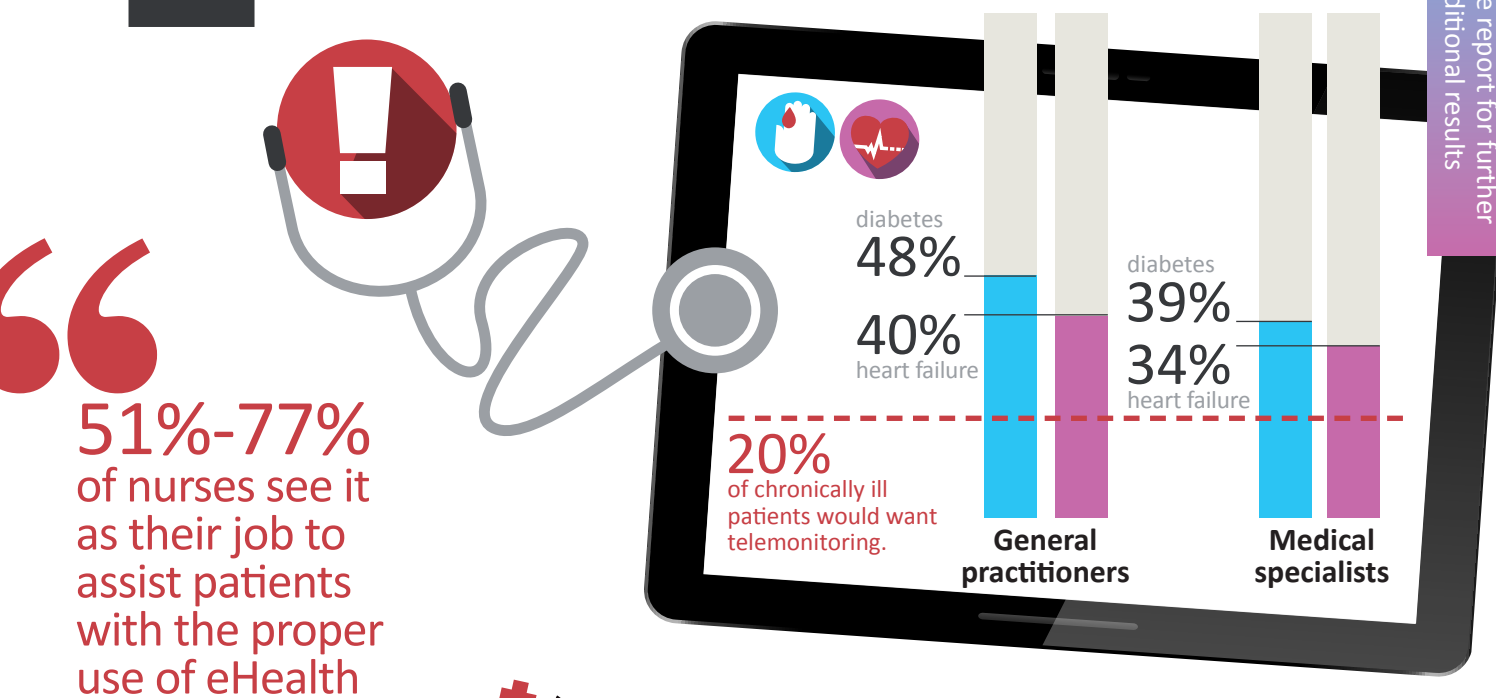


Half of the chronically ill patients and the frail elderly take their own **medical measurements** such as weight, blood sugar, and blood pressure.

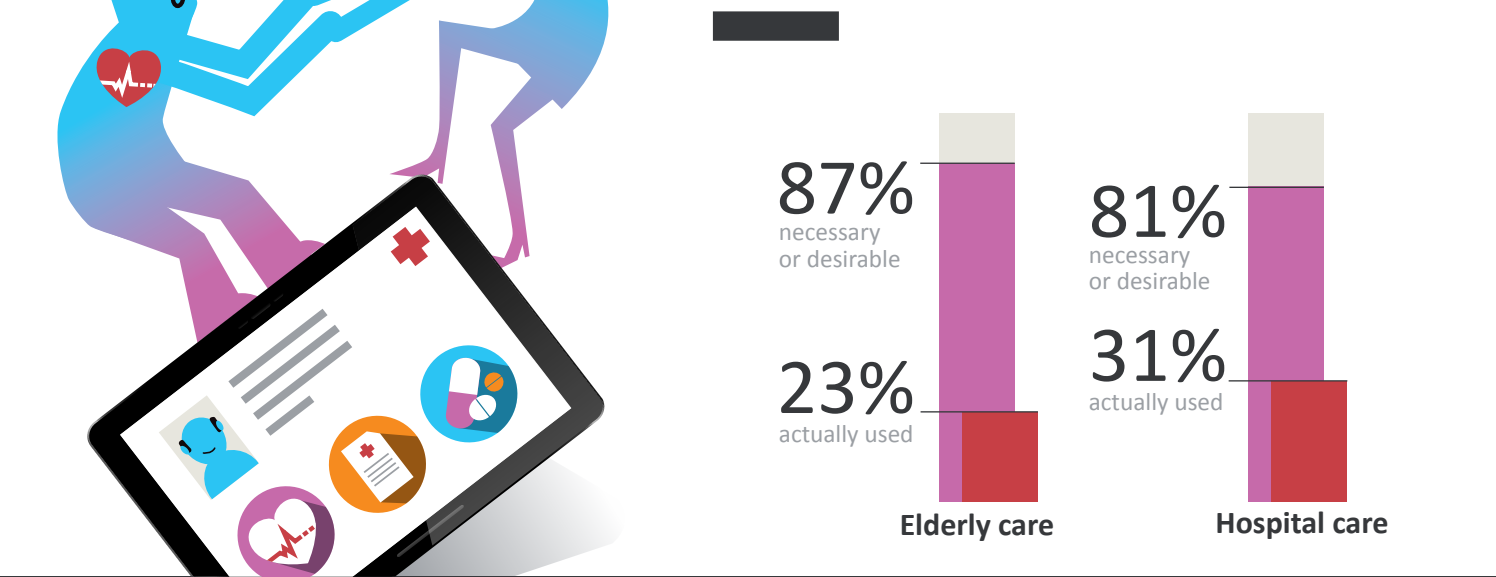


Remote guidance and support

Doctors consider **telemonitoring** relevant for patients with diabetes and heart failure.

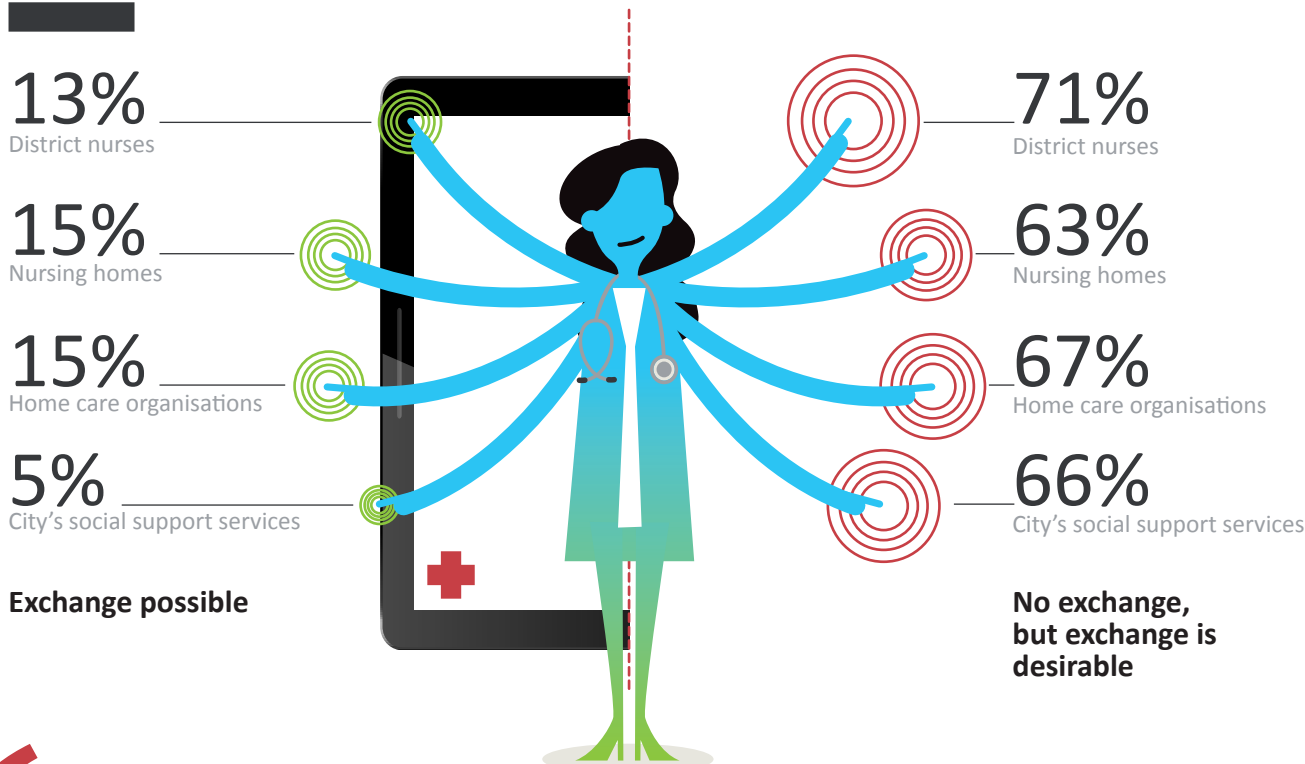


Nurses see opportunities for the improvement of **medication safety** through the use of digital double medication checks.

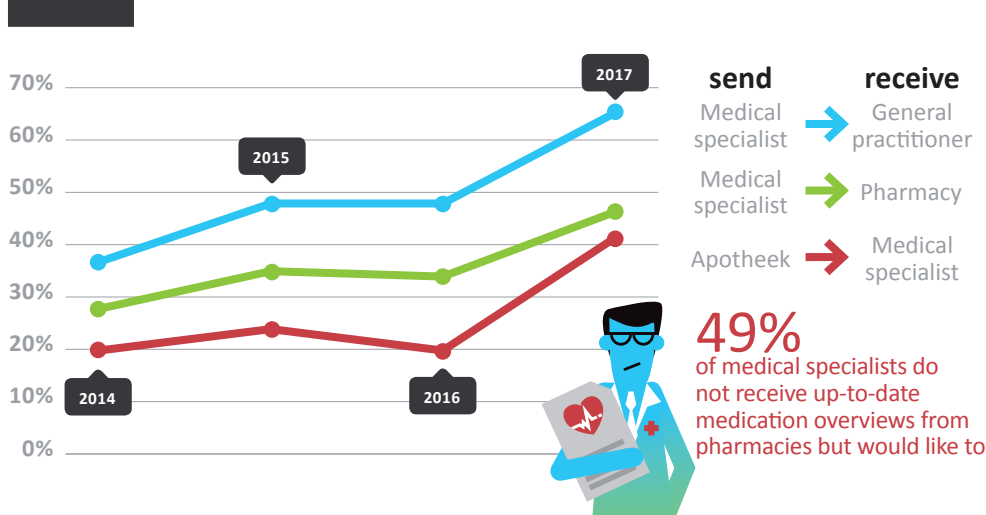


Electronic record-keeping and communications between healthcare professionals

General practitioners are not yet able to **exchange digital information** with all local organisations and healthcare professionals.



Medical specialists that can send or receive up-to-date **medication overviews**:



Recommendations

1. Consciously choose eHealth

Encourage decision-making. *Why* opt for eHealth solutions? *What* do healthcare professionals want to achieve with them and with *whom*?

2. Encourage improvement of digital information exchange and double medication checks

Encourage improvement of existing options for standardized digital information exchange.

Focus on the roll-out of digital double medication checks in elderly care and hospital care.

3. Encourage experience in education and higher education, create ambassadors

Improve integration of eHealth in curriculums.

Offer the option to gain experience, e.g. with test labs.

Find ambassadors and support them in promoting the use and necessity of eHealth.

4. Inform, communicate and guide

Make information on rules, financing and legislation for eHealth applications (such as e-consults) part of new or revised guidelines and healthcare standards.

Actively offer eHealth at a time when it is relevant to the healthcare user.

5. Study good/bad practices

Analysis of good and bad practices provides insight into the processes and factors that underpin a successful or failed implementation.

Would you like to know more about the results of this eHealth-monitor? Go to ehealth-monitor.nl